



Mabula Spa Brochure



Live Well...
Love Much...
Laugh Often...

De-stress and Relax Massage

Swedish Back neck & shoulder	30mins	R 290.00
Swedish full body	60mins	R 450.00
Deep tissue Back neck & Shoulder	30mins	R 300.00
Deep tissue full body	60mins	R 600.00
Essential Oil infused back neck & shoulder	30mins	R 350.00
Essential Oil infused full body	60mins	R 490.00
Hotstone back , neck & shoulders	30mins	R 380.00
Hotstone full body	60mins	R 510.00



African body Spoils

Detoxing envelopment with steam room and shower	60mins	R 530.00
Relaxing envelopment with steam room and shower	60mins	R 530.00
Revitalising envelopment with steam room and shower	60mins	R 530.00
Full body polish and glow with steam room and shower	60mins	R 310.00
Steam room and shower (Swimwear req)	30mins	R 80.00
Relaxing scalp treatment	30mins	R 270.00



Facials

(All facials include a 10min hand or foot massage complimentary)

THERAVINE™ BALANCING FACIAL	60mins	R 330.00
THERAVINE™ HYDRATING FACIAL	70mins	R 380.00
THERAVINE™ DELUXE ANTI-AGING FACIAL	90mins	R 390.00
THERAVINE™ APPETIZER FACIAL no steam	30mins	R 180.00
PRO-YOUTH CLARIFYING FACIAL	60mins	R 300.00
Mens hydrating facial	50mins	R 320.00
Back cleanse with extractions	40mins	R 320.00

Signature Packages

Mabula Relaxing Journey p.p Essential fb , classic facial , mani or pedi , 30min steam and shower	3h 30mins	R 1 000.00
Theranaka Experience p.p (Relaxing , uplifting , detox) Full body polish , full body envelopment , full body essential oil steam and shower	3h 30mins	R 900.00
Couple's delight p.p Any Relaxing full body with and express indian head and a express foot soak	1h 30mins	R 750.00
Express package p.p Express mani express pedi express bns and express facial	2hrs	R 650.00



Tinting and Shaping

Eyebrow tint	15mins	R 60.00
Eyelash tint	20mins	R 100.00
Eyelashes & Eyebrow tint	30mins	R 160.00
Eyebrow shape	15mins	R 60.00
Eyelash and eyebrow tint and brow shape	35mins	R 150.00

Hair Removal and Waxing

Full leg wax	60mins	R 180.00
Half leg wax	45mins	R 130.00
Half bikini	30mins	R 180.00
Underarm	15mins	R 90.00
Face	30mins	R 100.00
Lip	15mins	R 60.00
Back	30mins	R 140.00
Chest	30mins	R 110.00



Hand and Foot Treatments



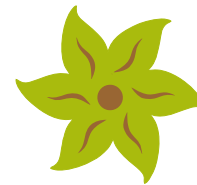
Express Manicure no paint no soak	30mins	R 160.00
Classic manicure	70mins	R 220.00
Paraffin manicure	70mins	R 290.00
Express Pedicure no paint no soak	30mins	R 180.00
Classic pedicure	70mins	R 250.00
Paraffin pedicure	70mins	R 310.00
French paint (Time and price included on your original treatment)	15mins	R 50.00
Relaxing Foot & Leg treatment foot soak included	35mins	R 310.00



Kiddies

(12 Years and Younger)

Kiddies back neck & shoulder	30mins	R 130.00
Kiddies full body	50mins	R 220.00
Kiddies back neck shoulder (6 years and younger)	15mins	R 70.00
Kiddies full body (6 years and younger)	25mins	R 110.00
Kiddies manicure (No soak)	30mins	R 90.00
Kiddies pedicure (No soak)	35mins	R 100.00
Kiddies specialised mani or pedi with soak and mask	45mins	R 130.00
Mommy & Me (Express Manicure & Pedicure)	1hr	R 400.00
Daddy & Dude (Swedish Back, Neck & Shoulder massage)	30mins	R 350.00



All kiddies massage done with kiddies oil hypokid or lullabye

In order to enjoy your time at Mabula Spa, please arrive 10 min prior to your appointment.

A late arrival may mean that your treatment time is reduced.

Guests who want to change or cancel an appointment are kindly requested to provide 24 hours notice or the full cost of the appointment will be charged.

OPERATING HOURS:

Monday - Sunday: 08h30 - 17h00

Fridays & Public Holidays: 08h30 - 15h00

If you require any after hour bookings
please contact us for an appointment,
or make a booking at the Lodge Reception.

Tel: 014 734 7000

Email: reservations@lodge.mabula.co.za

spa@lodge.mabula.co.za

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